



GRIEF SUPPORT GROUPS

Thurston County

Adult Grief Support Group

1st and 3rd Monday of every month
(excluding holidays), 10:00 - 11:30 am
Lacey Presbyterian Church Library
3045 Carpenter Rd SE, Lacey
360-493-4684 **At this time Meeting online.**

Faith-Based Grief Support Group

**(8-week class starts 2/20/2023
call for update on next class)**
Saturdays, 10 am - 12 pm
St. Michaels Parish
1208 11th Ave. SE, Olympia
To register call Benedetta Reece at
360-360292-7143 or email
brece@saintmichaelparish.org
No charge but **registration is required.**
Meeting in person

Olympia Grief Support Group

Wednesdays of every month (excluding
holidays), 1:30 - 3:00 pm 1775 Yew Ave
NE Olympia WA.98506 Capitol Vision
Church. Complimentary lunch at 12:30 pm
(Call 360-386-6139 if you want lunch)
Brian Hatcher, Assured Hospice
360-352-0711
Meeting In Person

Olympia/Lacey Bereavement and Grief Group

4th Friday of every month, 2:00 - 3:30 pm
Olympia Senior Center
222 Columbia St NW, Olympia
(360) 539-1230
Please call to schedule appointment by email

Grief Share Support Group

Tuesdays, 6:30 to 8:30 pm
True Grace Church
5616 30th Ave. SE, Lacey
Sharon Guernsey 360-459-1444
\$20 workbook fee
Might be meeting in September.

www.LMTAAA.org

Family Caregiver Support Program (888) 545-0910 **Updated 2/16/2023**

Thurston County Cont.

Survivors of Suicide

3rd Tuesday of every month at 7:30 pm
Westwood Baptist Church
333 Kaiser Rd. SW, Olympia
Meeting Room E-10
Janis Fesenmaier 360-866-6888

Meeting in person

The Compassionate Friends

(For parents or grandparents who have experienced the death of a child at any age. Also for adult siblings)

1st Monday of each month, 7:00 - 8:30 pm

Providence St. Peter Hospital

Drls Meeting Room (lower level)

413 Lilly Rd. NE, Olympia

Allen Roth 360-402-6711

<http://compassionatefriends.org>

Meets via zoom once a month

Mason County

Adult Grief Support Group

Support for children also available
1st and 3rd Tuesday of the month,
1:30-3:00 pm
(Excluding Holidays)
Shelton Fire House, meeting room
122 W Franklin Street, Shelton
360-401-0417

Meeting by Zoom

Good Grief-Widows only support group.

Monday's 1:00-3:00Pm
Belfair community Church

Meeting In person

Faith Lutheran Church Grief Group

Thursdays 1 PM

Faith Lutheran Church

1212 Connection Street

Shelton, WA 98584

Contact: Terry Oliver 253-732-1869

Meeting via Zoom

www.LMTAAA.org

Family Caregiver Support Program (888) 545-0910

Lewis County

Grief Support Group

1st and 3rd Wednesday of each month,
1:30 pm (excluding holidays)

Assured Hospice Office

1821 Cooks Hill RD

Centralia WA

360-807-7776

Meeting in person

Grief Support Group

2nd Wednesday 6:00 PM

Senior Center in Winlock

360-807-7776

Meeting in person

Grief Support Group

4th Wednesday 10:00 AM

Central Lutheran Church

Morton

360-807-7776

Meeting in person

Telephone Support

Crisis Hotline

Thurston/Mason County

360-586-2800

Lewis County

360-748-6696

VA Caregiver Support Line

(855) 260-3274

www.LMTAAA.org

Family Caregiver Support Program (888) 545-0910

