



**BLUE ZONES<sup>®</sup>**

ACTIVATE  
LEWIS COUNTY

# COMMUNITY KICK-OFF

**Saturday, February 24, 2024  
1:00 PM - 3:30 PM**

Centralia College, TransAlta Commons  
600 Centralia College Blvd  
Centralia, WA 98531

**JOIN THE FUN**

Food, activities, prizes, & more!



## LEARN HOW TO MAKE HEALTHY CHOICES EASIER!

- Move Naturally
- Eat Wisely
- Connect
- Right Outlook

SCAN FOR MORE  
INFORMATION  
AND RSVP TO  
ATTEND!



RSVP requested  
but not required

For more information or to volunteer for this event, please contact Executive Director, Shawna Herriford at [Shawna@bluezones.com](mailto:Shawna@bluezones.com)