

Policy 7.01 Plan and Progress Report

Timeframe: July 1, 2023 to June 30, 2024 Updated: March 2023

Administration/Division/AAA: Lewis Mason Thurston AAA (LMTAAA); Olympic AAA (O3A) **Region/Office:** 3

Tribe(s)/RAIOS(s): Chehalis Tribe

Annual Due Date: April 2 (Submit Regional Plan to the Assistant Secretary) and April 30 (submit Assistant Secretary’s Plan to OIP).

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year starting last July 1, 2020
Discuss and implement Policy 7.01 Implementation Plan for 2023-2024 Biennium	<p>Meet with representatives from Chehalis Tribe as requested.</p> <p>Discuss needs of the Chehalis tribal community and discuss challenges and successes of past coordination efforts.</p> <p>Meet with Chehalis Tribe at least annually for 7.01 planning, and more often, upon request.</p>	<p>Develop a Policy 7.01 Plan that represents a collaborative planning process with the Chehalis Tribe within LMTAAA and O3A service areas.</p> <p>Improve current and future coordination and collaboration between LMTAAA and Chehalis tribe, in order to improve services for elder tribal members.</p>	<p><u>LMTAAA:</u> Donna Feddern, Community Supports Director</p> <p><u>O3A:</u> Laura Cepoi, Executive Director</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes</p> <p><u>DSHS/OIP:</u> Heather Hoyle, Region 3 Manager</p> <p>Review annually</p>	Chehalis Tribe, LMTAAA and O3A met on March 16, 2023 to update the plan.
Ensure Chehalis tribal staff receive agendas and minutes from LMTAAA Advisory Council and Council of Governments meetings, employment opportunities, RFP/RFQs for LMTAAA and O3A funded programs,	<p>Include Chehalis tribal contacts in postal and email distribution lists. The main postal address should be noted as:</p> <p><i>Chehalis Tribal Headquarters PO Box 536 Oakville, WA 98568</i></p>	Increase Chehalis tribal awareness of LMTAAA and O3A and community activities, available funding, planning activities and training opportunities.	<p><u>LMTAAA:</u> Lisa Bachmann, Admin Coordinator John McBride, Access Services Supervisor Kristine Kane, Case Management Director Carrie Petit, Contracts Director</p>	<p>Contracts managers are sending the RFPs for LMTAAA & O3A funded programs and will send emails about caregiver services including quarterly newsletters and online training opportunities.</p> <p>O3A sends employment opportunities and Advisory Council vacancies and</p>

<p>notices of area planning, Family Caregiver Support Program newsletters and flyers, other relevant community event dates, training opportunities.</p>			<p><u>O3A:</u> CarolAnn Laase, Administrative Director Ann Peterson, Case Management Director</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes</p> <p>Information will be sent throughout the year on a monthly basis.</p>	<p>information about relevant community event dates.</p> <p>Chehalis Tribe was invited to respond to O3A's Tribal RFP to address social isolation among tribal elders.</p>
<p>Continue individual and community awareness about emergency preparedness in the Chehalis Tribe and larger community.</p>	<p>Include the Chehalis Tribe in emergency preparedness efforts and messages.</p> <p>Inform and encourage Chehalis tribal representatives to participate in County specific emergency planning efforts.</p> <p>Coordinate and attend emergency preparedness meetings as requested by the Tribe.</p>	<p>Individuals and the community at large will be better prepared in the event of an emergency.</p> <p>Increased Tribal awareness of and participation in emergency planning efforts in the community.</p> <p>Increased collaboration between LMTAAA, O3A and the Chehalis Tribe</p>	<p><u>LMTAAA:</u> Jemma Williamson, Deputy Executive Director</p> <p><u>O3A:</u> Ann Peterson, Case Management Director</p> <p><u>Chehalis Tribe:</u> Clinton Davis, Emergency Management Director Kelly Edwards, Chief of Police Frances Pickernell Holli Gomes</p> <p>Annually and as new information becomes available throughout the year.</p>	<p>Chehalis Tribe has a new Emergency Management Director, Clinton Davis.</p> <p>Jemma Williamson is the new contact for LMTAAA and will start passing on emergency information going forward.</p>
<p>Increase consumption of fruits and vegetables by Chehalis Elders in order to improve nutrition and overall health.</p>	<p>LMTAAA will provide Chehalis Tribe with a set-aside allocation of Senior Farmers Market Nutrition Program (SFMNP) cards.</p>	<p>SFMNP checks will be available and easily accessible to Chehalis Elders.</p> <p>Access to affordable fruits and vegetables will be improved.</p>	<p><u>LMTAAA:</u> Donna Feddern, Community Supports Director Valerie Aubertin, Contracts Manager</p>	<p>Chehalis tribal members claimed 15 of the 25 vouchers Nutrition Program checks in 2022.</p> <p>Change in 2023: SFMNP vouchers will now be</p>

	<p>Tribal Elders Program will help with SFMNP applications and access to local Farmer's Markets and Farm Stands.</p>	<p>Overall improvement in Chehalis Elders' health.</p>	<p><u>O3A:</u> Janis Housden, Contracts Manager Marki Lockhart, Community Programs Manager</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes Sam Boyd, Elders Coordinator</p> <p>Annually (June 1- Oct. 31)</p>	<p>distributed in the form of benefit cards.</p> <p>Marki Lockhart will coordinate for the Tribe to receive vouchers and/or food boxes.</p>
<p>Continue collaboration between Family Caregiver Support Program (FCSP) and Chehalis tribal family caregiving programs.</p>	<p>Share ideas for programming and resources.</p> <p>Collaborate with Chehalis Tribe on family caregiving conferences and/or local trainings for Tribal members as opportunities arise.</p> <p>Dementia Conference will be held May 18, 2023 in Olympia.</p> <p>Provide outreach to families of the Chehalis Tribe.</p> <p>LMTAAA FCSP will send quarterly newsletter.</p> <p>LMTAAA: Advance Care Planning packets to be shared with tribe.</p>	<p>Broaden the view and scope of both LMTAAA and Tribal Family Caregiver Support Programs.</p> <p>Increase use of FCSP services by Chehalis tribal family caregivers.</p> <p>Increase training opportunities for Chehalis tribal family caregivers.</p> <p>Improve health and well-being of Chehalis tribal family caregivers.</p> <p>Increase the number of elders with an Advanced Care Plan in place.</p> <p>O3A: Coordinated Title III and VI resources are maximized, resulting in improved</p>	<p><u>LMTAAA:</u> John McBride, Access Services Supervisor</p> <p><u>O3A:</u> Renee Iverson, FCSP Supervisor</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes</p> <p>Quarterly updates will be provided.</p> <p>Advance Care Planning Packets to be sent by May 31, 2023</p>	<p>The LMTAAA Community Supports Team has been sending quarterly caregiver newsletters via email as well as notices about trainings.</p> <p>(O3A does not have newsletter)</p> <p>O3A will notify the Tribe when there are Evidenced Based Programs available online or in their area.</p>

	<p>These packets were developed by Providence.</p> <p>LMTAAA: Provide access to Trualta online family caregiver training as requested.</p> <p>O3A: Improve coordination between AAA Title III and Tribal Title VI Caregiver Support Programs</p> <p>Identify unpaid family caregivers through family caregiver support programs and tribal social service referrals and support Tribal caregivers to obtain respite, training, and other forms of support.</p> <p>Through partnerships with tribal staff, identify tribal members interested in becoming paid caregivers and provide referrals for training and becoming an individual provider or working for a home care agency.</p> <p>Chehalis Tribe:</p> <p>Chehalis Tribal Health Fair will be held Aug/Sept 2023.</p>	<p>dissemination of best practices, available resources, information sharing and provision of technical assistance.</p> <p>Increased resources for and capacity of family caregivers to support their loved ones in their homes for as long as possible.</p> <p>Tribal capacity for accessing and/or providing training to Tribal members interested in becoming caregivers. Tribal caregivers are able to access training and potential employment in a timely manner.</p> <p>Improved caregiver services to elders; caregivers become more resilient Tribal staff gain knowledge about new caregiver support programs.</p>		
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<p>Provide resources and information for Chehalis tribal kinship caregivers and Tribal Kinship Navigators</p>	<p>Kinship Navigator staff at Family Education and Support Services (FESS), LMTAAA subcontractor for kinship services, will provide outreach, information, resources and direct services to Chehalis members and Tribal community service staff.</p> <p>(LMTAAA) Provide opportunity for FESS to meet with Chehalis Tribe staff to share kinship resources.</p> <p>(LMTAAA) Invite FESS to Chehalis Health Fair Aug/Sept. 2023 – LMTAAA will share info with FESS</p> <p>O3A: Increase outreach efforts, particularly for remote communities and Tribal reservations, to inform families of the resources available for relatives raising children.</p> <p>O3A staff contact biannually to check in; first due June 30, 2023</p>	<p>Continuation of collaborative relationships between FESS and the Chehalis tribe; Increased number of Chehalis members taking advantage of services for kinship caregivers.</p> <p>Improve health and well-being of Chehalis tribal kinship caregivers.</p> <p>Tribal grandparents & other elders raising children gain additional and often critical support through Relatives as Parents/Kinship Care Support programs.</p>	<p><u>LMTAAA:</u> Alice Cunningham Kane, Contracts Director</p> <p><u>O3A:</u> Renee Iverson, FCSP Supervisor</p> <p><u>FESS:</u> Shelly Willis, Executive Director, Family Education and Support Services (LMTAAA subcontractor for kinship services)</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes</p> <p>Annually</p>	
<p>Increase awareness of Chehalis Elders about community</p>	<p>Maintain regular Information and Assistance visits to the</p>	<p>Increased Chehalis member awareness and usage of</p>	<p><u>LMTAAA:</u> John McBride, Access Services Supervisor</p>	<p>LMTAAA Aging & Disability Resource Center (ADRC) staff will begin regular visits again</p>

<p>services and resources, including long term care and supports, Medicaid services, legal assistance, living wills/POA, home modification assistance, transportation options, prescription drug coverage, etc.</p>	<p>Chehalis tribe for education and outreach purposes.</p> <p>Provide written materials for Chehalis tribe.</p> <p>Set up and staff informational booths at Chehalis tribal Health/Community Fairs. Chehalis Tribe Health Fair will be held Aug/Sept 2023- Tribal staff will share info with AAAs</p>	<p>community services and resources.</p>	<p><u>O3A:</u> Ann Peterson, Case Management Director</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes Denise Walker, Clinic Director</p> <p>Twice a year.</p>	<p>(were on hold during pandemic) during Elders' lunches.</p> <p>O3A stopped Information and Assistance (I&A) and Statewide Health Insurance Benefits Advisors (SHIBA) staff visiting due to the pandemic; we are happy to restart these visits if the Tribe would like.</p>
<p>Increase community awareness of Chehalis tribal services and resources</p>	<p>List announcements specific to Chehalis tribal events on LMTAAA & O3A websites and social media.</p> <ul style="list-style-type: none"> Chehalis Tribe staff to send info to AAAs <p>Inform Chehalis tribe of opportunities to attend and set up displays at health/community fairs and bazaars.</p> <ul style="list-style-type: none"> AAAs to send info to Chehalis Tribe 	<p>Increased community awareness of Chehalis tribal services, resources, and events.</p>	<p><u>LMTAAA:</u> John McBride, Access Services Supervisor</p> <p><u>O3A:</u> Marki Lockhart, Community Programs Manager Ann Peterson, Case Management Director</p> <p><u>Chehalis Tribe:</u> Frances Pickernell Holli Gomes Denise Walker, Clinic Director</p> <p>Annually</p>	<p>Goal has not been met due to interruption of events, staffing, due to COVID pandemic. Will begin sharing information more regularly.</p>
<p>Coordinate Case Management (CM) services for tribal members.</p>	<p>Coordinate visits to tribal elders.</p>	<p>Increased comfort levels and trust for tribal elders when using LTCSS.</p>	<p><u>LMTAAA:</u> Emily MacFarland, Case Management Supervisor</p>	<p>LMTAAA liaison has been identified: Emily MacFarland, Case Management Supervisor.</p>

<p>Increase awareness with tribal elders of Long Term Care Services and Supports (LTCSS) options when receiving in-home care services.</p> <p>Be respectful of entering tribal lands.</p>	<p>Identify an LMTAAA CM liaison to the tribe.</p> <p>Contact Kelly Edwards (Chief of Police) with the client's consent to advise him of purpose of visit to tribe prior to coming onto the Reservation. Call, fax, or email. Phone #: 360-709-1608 Frances Pickernell or Holli Gomes may also be contacted for this purpose. (Contact first)</p> <p>AAA staff to attend Government to Government Training</p>	<p>Tribal elders will receive assistance to enhance their ability to age in place successfully.</p> <p>Tribal authorities are aware of who is on tribal lands and for what purpose.</p>	<p><u>O3A:</u> Ann Peterson, Case Management Director</p> <p><u>Chehalis Tribe:</u> Holli Gomes Frances Pickernell Denise Walker, Clinic Director</p> <p>Annually</p>	<p>Donna Feddern and John McBride, LMTAAA attended Government to Government training in January 2022.</p> <p>New AAA Case Management staff complete the OIP-led training during Case Mgr Policy Training.</p>
<p>Completed Items (and date):</p>				

Contact List – LMTAAA/O3A 7.01 Plan with the Confederated Tribes of the Chehalis Reservation		
Lewis Mason Thurston Area Agency on Aging (LMTAAA) Contacts		
Nicole Kiddoo Executive Director	Nicole.kiddoo@dshs.wa.gov	360-664-3162 ext. 114
Jemma Williamson Deputy Executive Director	Jemma.Williamson@dshs.wa.gov	360-664-3162 x131
Donna Feddern Community Supports Director	donna.feddern@dshs.wa.gov	360-664-3162 ext. 142
John McBride Access Services Supervisor	John.mcbride@dshs.wa.gov	360-664-3162 ext. 139
Valerie Aubertin Contracts Manager	Valerie.aubertin@dshs.wa.gov	360-664-3162 ext. 146
Carrie Petit Contracts Director	Carrie.petit@dshs.wa.gov	360-664-3162 ext. 147
Lisa Bachmann Admin Coordinator	Lisa.bachmann@dshs.wa.gov	360-664-3162 ext. 112
Kristine Kane, Case Management Director	Kristine.Kane@dshs.wa.gov	360-664-3162 ext.144
Emily MacFarland, Case Management Supervisor	Emily.macfarland@dshs.wa.gov	360-664-3162 ext. 104
Alice Cunningham Kane, Contracts Manager	Alice.cunninghamkane@dshs.wa.gov	360-664-3162 ext. 147
Olympic Area Agency on Aging (O3A) Contacts		
O3A Administration Office: 866-720-4863 Toll-Free		
Laura Cepoi, Executive Director	laura.cepoi@dshs.wa.gov	360-379-5064
CarolAnn Laase, Administrative Director	carolann.laase@dshs.wa.gov	360-379-5061
Janis Housden, Contracts Manager <i>Nutrition, Transportation, Legal, Ill-D programs</i>	janis.housden@dshs.wa.gov	360-379-5064
O3A Aberdeen Office: 800-801-0060 Toll-Free		
Ann Peterson, Case Management Director <i>Case Management, Senior I&A</i>	ann.peterson@dshs.wa.gov	360-538-2449
Samantha Thurston, Case Management Supervisor	samantha.thurston@dshs.wa.gov	360-538-8874
Renee Iverson, Family Caregiver Support Supervisor <i>Family</i>	renee.iverson@dshs.wa.gov	360-538-8894

Contact List – LMTAAA/O3A 7.01 Plan with the Confederated Tribes of the Chehalis Reservation		
Caregiver Support, Kinship Caregiver Support, MAC/TSOA		
Lori Lindley, Nursing Services Manager Nursing Services, Health Homes	lori.lindley@dshs.wa.gov	360-538-2456
Amber Garrotte, Regional LTC Ombudsman	amber.garrotte2@dshs.wa.gov	360-538-8877
O3A Regional Supervisors: <i>Regional supervisors manage programs and staff in all four counties.</i>		
Ingrid Henden, Contracts Manager <i>Homecare, Tribal Social Isolation, Health Homes, Tribal Medicaid Waiver Contracts</i>	ingrid.henden@dshs.wa.gov	360-207-1025
Marki Lockhart, Community Programs Manager <i>Senior I&A, SHIBA, Care Transitions</i>	marki.lockhart@dshs.wa.gov	360-417-8553
Chehalis Tribe Contacts		
Frances Pickernell, Director of Social Services	fpickernell@chehalis-tribe.org	360-709-1754
Holli Gomes, Adult Protective Services	hgomes@chehalis-tribe.org	360-709-1745
Denise Ross, Wellness Center Director	dross@chehalis-tribe.org	360-273-5504
Clinton Davis, Emergency Management Director	cdavis@chehalis-tribe.org	360-709-1743
Sam Boyd, Elders Coordinator	sboyd@chehalis-tribe.org	360-709-1877
Kelly Edwards, Chief of Police	kedwards@chehalis-tribe.org	360-273-1608
State Contacts		
Heather Hoyle, Region 3 Manager, DSHS Office of Indian Policy	Heather.Hoyle@dshs.wa.gov	360-480-9052
Community Contacts		
Shelly Willis Executive Director, Family Education and Support Services (FESS) - Kinship Provider for LMTAAA	Shelly@familyess.org	360-754-7629