

**Policy 7.01 Plan and Progress Report**

Timeframe: July 1, 2020 to June 30, 2021 Updated:

**Administration/Division/AAA:** Lewis Mason Thurston

**Region/Office:** 3

**Tribe(s)/RAIOS(s):** Cowlitz

Annual Due Date: April 2 (Submit Regional Plan to the Assistant Secretary) and April 30 (submit Assistant Secretary's Plan to OIP).

| <b>Implementation Plan</b>   |  |  |  | <b>Progress Report</b>  |
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| (1) Goals/Objectives   | (2) Activities   | (3) Expected Outcome   | (4) Lead Staff and Target Date   | (5) Status Update for the Fiscal Year starting last July 1, 2020  |
| Discuss and implement Policy 7.01 Implementation Plan for 2022-2023 Biennium   | Regularly meet with representatives from the Cowlitz Indian Tribe.<br><br>Discuss needs of the Cowlitz Indian Tribe and discuss challenges and successes of past coordination effort | Develop a Policy 7.01 Plan that represents a collaborative planning process with the Cowlitz Indian Tribe.<br><br>Improve current and future coordination and collaboration between LMTAAA and the Cowlitz Indian Tribe in order to improve services for older Native Americans. | State/AAA:<br>Donna Feddern, Community Services Director<br><br>Tribe:<br>Nadja Jones, Health & Human Services Director<br>Deb Mizner, Senior Nutrition Program Manager  | Meeting has been requested but has not been scheduled.  |
| Ensure Tribal staff receive agendas and minutes from LMTAAA Advisory Council and Council of Governments meetings, employment opportunities, RFP/RFQs for LMTAAA funded programs, notices of area planning, Family Caregiver Support Program newsletters and flyers, other relevant community | Include Tribal contacts in postal and email distribution lists.  | Increase Tribal awareness of LMTAAA and community activities, available funding, planning activities and training opportunities.   | State/AAA:<br>Lisa Bachmann, Administrative Secretary<br>John McBride, Access Services Supervisor<br>Carrie Petit, Contracts Director<br><br>Tribe:<br>Nadja Jones, Health & Human Services Director<br>Deb Mizner, Senior Nutrition Program Manager | Contracts Managers are sending RFP/RFQs for LMTAAA funded programs. The Community Supports Team is emailing quarterly Family Caregiver newsletters as well as notices of online training opportunities. |

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| event dates, training opportunities.  |  |   |  |  |
| Increase individual and community awareness about emergency preparedness in the Tribes and larger community.          | <p>-Include SPIPA and Cowlitz Indian Tribe in emergency preparedness efforts and messages.</p> <p>-Inform and encourage Tribal representatives to participate in County specific emergency planning efforts.</p> <p>-Marie Natrall will ask SPIPA to meet with the Cowlitz Tribe two times a year and report back. If SPIPA does not do this will remove from new plan for 2020.</p> | <p>-Individuals and the community at large will be better prepared in the event of an emergency</p> <p>-Increase Tribal awareness of and participation in emergency planning efforts in the community</p> <p>-Elder emergency preparedness will have impact on safety and wellbeing of tribal elders.</p> | <p>State/AAA:<br/>Lisa Jolly, Contracts Manager</p> <p>Tribe:<br/>Deb Mizner</p>       |  |
| Increase consumption of fruits/vegetables by Native American Elders in order to improve nutrition and overall health. | <p>Provide the Tribe with information about the Senior Farmers Market Nutrition Program (SFMNP) including how to access non-Tribal set aside vouchers.</p> <p>Grant for community garden. Growing Blue Camas and may grow Stevia. Growing the "Three Sisters" which is Corn, Beans and Pumpkin Squash.</p> <p>.</p>  | <p>Access to affordable fruits and vegetables will be improved.</p> <p>Overall improvement in Native American Elders' health.</p> <p>Fresh vegetables and fruit will be given to Elders from the community garden.</p>  | <p>State/AAA:<br/>Valerie Aubertin, Contracts Manager</p> <p>Tribe:<br/>Deb Mizner</p> | 4 of the 25 Nutrition Program voucher set aside for Cowlitz elders were claimed this year. |

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| <p>Sustain local funding for the Senior Farmer's Market Nutrition Program (SFMNP), specifically to maintain the number of SFMNP vouchers available to Native American Elders.</p> | <p>Tribal Elders Programs will help with SFMNP applications and access to local Farmer's Markets and Farm Stands.</p> <p>Provide the Tribe with a set-aside allocation of 25 sets of SFMNP vouchers.</p> <p>Provide annual list of Farmer's Markets that are participating in the SFMNP program</p> <p>Connect Deb Mizner with Glenda Forga of Lewis County Seniors to ensure SFMNP vouchers get to Cowlitz Tribal Elders</p> | <p>SFMNP vouchers will be available and easily accessible to Native American Elders.</p> <p>By working directly with Lewis County Seniors more elders will receive SFMNP vouchers.</p>   | <p>State/AAA:<br/>Valerie Aubertin, Contracts Manager</p> <p>Tribe:<br/>Deb Mizner</p>      |   |
| <p>Continue collaboration between Family Caregiver Support Programs (FCSP) and Tribal family caregiving programs.</p>   | <p>-Share ideas for programming and resources.</p> <p>-Collaborate with the Cowlitz Indian Tribe on family caregiving conferences and/or local trainings for Tribal members as opportunities arise.</p> <p>-Hire a Community Health Resource (CHR) position.</p>  | <p>-Broaden the view and scope of both LMTAAA and Tribal Family Caregiver Support Programs.</p> <p>-Increase training opportunities for Native American family caregivers.</p> <p>-Improve health and well-being of Native American family caregivers.</p> <p>-A CHR would be able to conduct home visits with elders to check vitals and encourage to go to the doctor as needed. Would be able to help with medication management.</p> | <p>State/AAA:<br/>John McBride, Access Services Supervisor</p> <p>Tribe:<br/>Deb Mizner</p> | <p>Due to COVID-19, trainings were on hold in 2020 and are slowly being added as online versions in 2021.</p> |

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| <p>Provide resources and information for Tribal family caregivers.</p>                  | <p>-Provide outreach to families of the Cowlitz Indian Tribe.</p> <p>-Send announcements of upcoming Powerful Tools classes</p> <p>-Send announcements of monthly Dementia Study Group dates</p> <p>-Provide newsletters, notices of trainings and special events to Tribal caregiving, social service and health departments.</p> <p>-Cowlitz: Provide information regarding how to access Respite for Tribal caregivers.</p> | <p>-Increase use of FCSP services by Native American family caregivers.</p> <p>-Increase knowledge and skills of family caregivers</p> | <p>State/AAA:<br/>John McBride, Access Services Supervisor</p> <p>Tribe:<br/>Deb Mizner</p>   | <p>Due to COVID-19, outreach efforts have been put on hold. Dementia Study Groups as well as Powerful Tools trainings have been moved to Zoom with information about dates available in the quarterly Family Caregiver newsletter mailed to Deb Mizner.</p> <p>Information and Assistance staff met with the Cowlitz tribe in January 2020 to share information.</p> |
| <p>Continue collaboration between Kinship Care Programs and Tribal kinship programs</p> | <p>Kinship Navigator staff at Family Education and Support Services (FESS), LMTAAA subcontractor for kinship services, will provide outreach, information, resources and direct services to Tribal members and Tribal community service staff.</p>   | <p>Continuation of development of relationships between FESS and local Tribes.</p>   | <p>State/AAA:<br/>Alice Cunningham Kane, Contracts Manager<br/>Shelly Willis, Executive Director, Family Education and Support Services (subcontractor for kinship services)</p> <p>Tribe:<br/>Deb Mizner</p> | <p>Subcontractor FESS continues to provide any requested kinship services.</p>   |

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| <p>Provide resources and information for Native American kinship caregivers</p>  | <p>Kinship Navigator staff at Family Education and Support Services (FESS), LMTAAA subcontractor for kinship services, will provide outreach, information, resources and direct services to Tribal members and Tribal community service staff.</p> <p>Provide information about Family passes to area Zoos, Pacific Science Center, OMSI, Hands on Children’s Museums, etc.</p> <p>Provide Advance Care Planning resources.</p> <p>Have a Caregiver Conference modeled after Chehalis’ and Nisqually’s.</p> | <p>Increased number of Tribal members taking advantage of services for kinship caregivers.</p> <p>Improve health and well-being of Native American kinship caregivers.</p> <p>Increase awareness of family oriented activities and cost effective ways to participate (i.e. family passes)</p> <p>Improve elder choice in area of advanced care planning.</p> <p>Improve caregiver resources and training to better assist elders who are cared for by loved ones.</p> | <p>State/AAA:<br/>Alice Cunningham Kane, Contracts Manager<br/>Shelly Willis, Executive Director, Family Education and Support Services (subcontractor for kinship services)</p> <p>Tribe:<br/>Deb Mizner</p> | <p>Subcontractor FESS continues to provide any requested kinship services.</p>   |
| <p>Increase awareness of Native American Elders about community services and resources, including long term care and supports , Medicaid services, legal assistance, living wills/POA, home modification assistance, transportation options,</p> | <p>Maintain regular Information and Assistance visits to the Cowlitz Indian Tribes for education and outreach purposes.</p> <p>Provide written materials to Cowlitz Indian Tribe for distribution to members.</p>   | <p>Increased Tribal member awareness and usage of community services and resources.</p>  | <p>State/AAA:<br/>John McBride, Access Services Supervisor</p> <p>Tribe:<br/>Deb Mizner</p>   | <p>Outreach has been put on hold due to COVID-19. Information and Assistance staff may still drop off flyers and brochures if requested.</p> |

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| prescription drug coverage, etc.   | -Set up and staff informational booths at Tribal Health/Community Fairs.  |  |  |  |
| Increase community awareness of Tribal services and resources.   | -List announcements specific to Tribal events on LMTAAA website<br><br>-Inform the Cowlitz Indian Tribe opportunities to attend and set up displays at health/community fairs | Increased community awareness of Tribal services, resources and events.  | State/AAA:<br>John McBride, Access Services Supervisor<br><br>Tribe:<br>Deb Mizner   | Community health fairs were put on hold due to COVID-19.             |
| Increase Cultural Awareness of LMTAAA staff.<br><br>Increase LMTAAA staff understanding of tribal government and activities. | Formal 7.01 training for LMTAAA staff. Heather Hoyle of OIP will conduct training.<br><br>Deb Mizner would like to be invited to this training.                               | Increased staff knowledge of unique tribal attributes, tribal governmental activities and increased partnership/collaboration. | State/AAA:<br>Nicole Kiddoo, Executive Director<br>Donna Feddern, Community Supports Director<br>Kristine Kane, Case Management Director<br>Carrie Petit, Contracts Director<br>John McBride, Access Services Director<br><br>Tribe:<br>Deb Mizner | LMTAAA staff will be receiving formal 7.01 training in January 2022. |
| <b>Completed Items (and date):</b>   |   |  |  |  |