

Policy 7.01 Plan and Progress Report

Timeframe: July 1, 2020 to June 30, 2021 Updated:

Administration/Division/AAA: Lewis Mason Thurston

Region/Office: 3

Tribe(s)/RAIOS(s): Nisqually

Annual Due Date: April 2 (Submit Regional Plan to the Assistant Secretary) and April 30 (submit Assistant Secretary’s Plan to OIP).

Implementation Plan				Progress Report
(1) Goals/Objectives	(2) Activities	(3) Expected Outcome	(4) Lead Staff and Target Date	(5) Status Update for the Fiscal Year starting last July 1, 2020
LMTAAA plans to continue to provide services such as Information & Assistance (I&A), community updates, Senior Farmer’s Market Nutrition Program, and future invitations to Policy 7.01 meetings.	<p>Meet with the Nisqually Indian Tribe at their request to develop a Policy 7.01 Plan between the Tribe and LMTAAA. Meetings will be held via Zoom during the COVID emergency.</p> <p>LMTAAA has an email distribution list for the Nisqually Indian Tribe and physical mailing addresses. This list will continue to be updated regularly.</p> <p>LMTAAA will continue to send monthly emails to the Nisqually Indian Tribe for the following:</p> <ul style="list-style-type: none"> • Advisory Council Meeting, Agenda and Minutes from previous meeting • Council of Governments 	<p>Develop a Policy 7.01 Plan that represents a collaborative planning process with the Nisqually Indian Tribe within Lewis, Mason and Thurston Counties.</p> <p>Improve current and future coordination and collaboration between LMTAAA and the Nisqually Indian Tribe, in order to improve services for older Native Americans.</p>	<p>State/AAA: Donna Feddern, Community Supports Director John McBride, Access Services Supervisor Lisa Bachmann, Administrative Secretary</p> <p>Tribe: Norine Wells Cleo Frank</p>	<p>7.01 plan meeting was requested but has not been scheduled.</p> <p>Information and Assistance staff have not provided outreach due to COVID-19 but are available to drop off informational brochures and flyers, when requested.</p> <p>LMTAAA sends emails for the quarterly Family Caregiver newsletter as well as updates about new services and training opportunities.</p>

	<p>Meeting, Agenda and Minutes from previous meeting</p> <ul style="list-style-type: none"> • Dementia Study Group dates and times <p>LMTAAA will continue to send the following communications as they occur:</p> <ul style="list-style-type: none"> • Powerful Tools Class information • Community happenings and events • Emergency Planning information • Helpful information from Community Partners and links to more information • Employment Opportunities • Training Opportunities 			
Facilitate access to LTC services for tribal elders.	Home and Community Services Long Term Care (LTC) coordination	Tribal elders will be able to stay in their homes and age in place.	<p>State/AAA: John McBride, Access Services Supervisor</p> <p>Tribe: Norine Wells Cleo Frank</p>	
LMTAAA will assist Nisqually Tribe Health Department staff with	Provide technical assistance to Nisqually Tribe Health Dept. staff in	Ability to offer Adult Day Services to tribal elders in need through the Medicaid program.	<p>State/AAA: Alice Cunningham Kane, Contracts Manager</p>	Nisqually Tribe has submitted most items needed for a Medicaid Contract; waiting for

their application for a Medicaid Waiver Indian Nation Agreement (contract) for Adult Day Services.	the development of their adult day care program and application for a Medicaid Indian Nation Agreement.		Tribe: Tyron Friday, Nisqually Adult Healing House Manager	follow up regarding lunch provision.
Helping caregivers self-identify as “caregivers”. Pair the Caregiver Program to the Elders Program.	Caregiver Support Workshops	Increased service delivery to tribal elders through the use of local and familiar caregivers.	State/AAA: John McBride, Access Services Supervisor Tribe:	Due to COVID-19, LMTAAA has not been providing in-person trainings.
Offer Powerful Tools for Caregivers course to tribal members who care for others.	Participants will learn strategies and techniques for taking better care of themselves while maintaining care they provide to others. LMTAAA has staff trained and able to assist Tribal staff to teach a class.	Unpaid caregivers will be able to remain as caregivers for longer when they practice self-care and improve their quality of life.	State/AAA: John McBride, Access Services Supervisor Tribe:	Powerful Tools for Caregivers workshops moved online in 2021 and dates are announced in quarterly caregiver newsletter.
Independent Providers: connect potential LTC workers with resources for employment.	Educate tribal staff on available resources for Independent Providers to get connected with work as a Home Care Aide (HCA) through the use of the Home Care Referral Registry.	Employment opportunities for tribal members who wish to work in the LTC field. Increase a pool of tribal HCA workers who could provide LTC to elderly and disabled tribal members.	State/AAA: Kristine Kane, Case Management Director Tribe: Norine Wells	Effective 2/1/2022, IPs will be employees of the Consumer Directed Employer (CDE)
LMTAAA case managers can offer “Regular Case Management/Non-Core” which is defined as: AAA staff assess a client for Non-Core	Assist a person who does not want to be on or does not qualify for Medicaid Long Term Care services but still needs some help in order to remain in their own homes. Assistance may be in the form of	Increased use of community supports will help people to age in place and not need higher level of services/care.	State/AAA: Kristine Kane, Case Management Director John McBride, Access Services Supervisor Tribe: Norine Wells	LMTAAA continues to provide Case Management and services for those who do not qualify for Medicaid.

<p>services under Senior Citizens Services Act (SCSA), Older Americans Act (OAA), or under locally-funded services when providing Aging Network case management.</p>	<p>Information & Assistance, Family Caregiver Support Program, Nutrition, Transportation and other needs that can be met through community services.</p>			
<p>The tribe is developing a Memorandum of Understanding (MOU) with DSHS/Adult Protective Services and needs help with drafting Elder Protection Codes.</p>	<p>Assist the tribe with drafting Elder Protection Codes that reflect tribal norms and meets APS standards.</p> <p>APS comes out to the Tribe as needed.</p>	<p>Increased collaboration and understanding of the state's jurisdiction over tribal to tribal crimes. Increased understanding of Elder Abuse including how to identify it and refer for help.</p>	<p>State/AAA: John McBride, Access Services Supervisor</p> <p>Tribe: Cleo Frank</p>	
<p>Create an Emergency Preparedness department. Develop emergency preparedness protocols for the elders program in order to address emergencies.</p>	<p>Create Emergency Preparedness department with training objectives.</p> <p>Create list of what to have on hand and at home for tribal members/elders to use for personal emergency preparedness.</p> <p>Confer with Seattle/King County as they have a list of needed items and department structure the tribe likes.</p>	<p>To have a robust Emergency Preparedness department and tribal members/elders that are ready for any emergency that may occur.</p>	<p>State/AAA: Lisa Jolly, Contracts Manager Jemma Williamson, Deputy Executive Director</p> <p>Tribe: Cleo Frank Norine Wells</p>	

	<p>Create a MOU with the EM department.</p> <p>Create Emergency and Evacuation Plan for Elders Program.</p> <p>Utilize the Adult Day Services template?</p>			
Offer Health Fairs regularly.	<p>Assist with planning health fairs and offer Information & Assistance staff to be present. I&A staff have found Advanced Care Plans seem to be of great interest at other health fairs and would like to offer this information to the Nisqually tribe.</p> <p>Next Health Fair is scheduled for 9/6/2019 from 10am-2pm.</p>	<p>Increased awareness of how planning for the future will benefit the entire family group. Increased understanding of how making different choices can have a positive impact on a person's ability to remain at home and age in place.</p>	<p>State/AAA: John McBride, Access Services Supervisor</p> <p>Tribe:</p>	<p>Due to COVID-19, health fairs have been cancelled. Information and Assistance staff may drop of flyers and brochures when requested.</p>
Offer Chronic Disease Self-Management Education (CDSME) and upon completion offer Wisdom Warriors.	<p>Offer CDSME classes to tribal elders. If a minimum of 10 people complete CDSME they would be able to attend Wisdom Warriors. CDSME is a prerequisite for Wisdom Warriors.</p> <p>Offer assistance with connecting with CDSME/Wisdom Warriors community at the state level.</p>	<p>Tribal elders will have more ownership in the management of their chronic conditions/diseases and benefit from the unique information from Wisdom Warriors.</p>	<p>State/AAA: John McBride, Access Services Supervisor</p> <p>Tribe: Norine Wells</p>	

	LMT offered to help the Tribe connect with Dave Hughes and Melody Woodrich-Fernando to get with CDSME classes for tribal members.			
Senior Farmer's Market Nutrition Program (SFMNP)	<p>LMTAAA sets aside 25 sets of SFMNP vouchers for Nisqually Tribal Elder each market season.</p> <p>LMTAAA and Senior Services for South Sound (contracted to run the program in Thurston County) will assist the tribe as needed in getting these vouchers to their elders.</p> <p>The Tribe would like a list annually of which elders received vouchers so that they can assist in getting them to local markets.</p> <p>Tribe is using the vouchers and supplementing with produce from their Tribal garden.</p>	Increased consumption of fresh fruits and vegetables will result in better nutrition and overall health of tribal elders.	<p>State/AAA: Valerie Aubertin, Contracts Manager</p> <p>Tribe: Cleo Frank Norine Wells Marjie Stepetin</p>	Tribal elders claimed 3 of the 25 Nutrition Program vouchers set aside in 2021.
Presentations for Elders and their families.	Offer ongoing presentations targeting elders and their families: Dementia-Focused, Advanced Care Planning, etc.	<p>Increased awareness of Dementia symptoms, care strategies and community resources.</p> <p>Have elders with completed Advanced Care Plans in place.</p>	<p>State/AAA: John McBride, Access Services Supervisor</p> <p>Tribe: Cleo Frank Norine Wells</p>	Due to COVID-19, no in person presentations have been scheduled. Staff are available to provide presentations online.

	Inquire about partnering with Providence Home Health and Assured Home Health.			
Completed Items (and date):				