

Come Join Us  
as the



SENIOR ACTION  
NETWORK

PRESENTS Our  
12th Annual



# Living Well, Living Long

“Healthy Aging:

Stepping outside the box”

**A Health and Wellness Expo**

**Thursday, September 19th**

**8:45 am – 3:00 pm**

**Westminster Presbyterian Church**

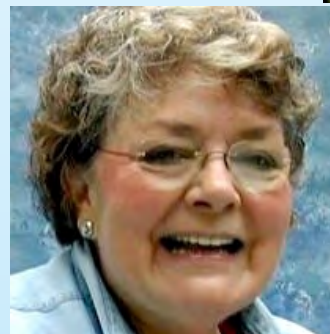
**1925 Boulevard Rd SE, Olympia**

**Over 22 of our local  
Senior-focused businesses  
will be there to provide  
information and resources...**

*A complimentary light lunch will be provided.  
If there are any specific dietary restrictions  
or concerns, please come prepared with your  
own food/snacks.*

## KEYNOTE SPEAKERS

**Dr. Jessica Van  
Fleet-Green**



**Donna Oiland**

**Co-Sponsored by**



**A FREE EVENT ... RESERVATIONS ARE REQUIRED**

**\$10 Donation Accepted Online or at the Door**

**To register please go to the SAN website:  
SANOLYMPIA.ORG**

**OR call the Olympia Senior Center (360) 586-6181**

**Walk-ins on a “space available” basis**

**Any questions, contact Amy Degen at 360-888-0917**